

Legion of Mary

SENATUS OF SYDNEY BULLETIN September 2024



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Dear Lord,

Thank You for the gift of Mary, born to bring joy and light into the world. Help us to follow her example of kindness and faith. Bless us with her gentle strength and loving heart.

Amen.



Pray for Beatification of :



The Servant of God Frank Duff



The Servant of God Alfie Lambe



Venerable Edel Quinn

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The Light of Joachim and Anne

In the small, tranquil village of Nazareth, a remarkable event was unfolding, one that would echo through the annals of history. Joachim and Anne, a devout couple long praying for a child, were blessed with a daughter.

This was no ordinary child; she was Mary, destined to become the mother of Jesus.

The news of Mary's birth spread like a gentle breeze through the village, bringing smiles and a sense of wonder to all who heard it. Joachim and Anne, overwhelmed with gratitude, dedicated themselves to nurturing the precious gift bestowed upon them. Mary grew under their loving care, her face always alight with a divine grace that hinted at her extraordinary future.

As she walked the dusty paths of Nazareth, flowers seemed to bloom with her steps, and those who met her felt an inexplicable peace. Her parents watched with pride and reverence, knowing their daughter was meant for a profound purpose.



"Celebrating First Praesidium Our Lady Undoer of Knots Anniversary; A Milestone Moment"



Please pray for:

- 1. The causes of Frank Duff, Edel Quinn and Alfie Lambe.
- 2. For all the sick or departed Legionaries, families and friends.
- 3. For all the newly ratified and appointed officers, and also all the active and auxiliary members.
- 4. For conversion of sinners, victim of natural and other calamities, all children of the world, poor and dejected in the community, poor souls in purgatory and those asking for our prayers.
- 5. Prayer Request:

Please pray for one of our Legion members for their daughter, Dedodiya Yolanda Ximenes. They need our prayers for health and strength in life's journey. Let's pray for their path to be easier and for them to keep moving forward. Thank You for praying with us.



Quote from Frank Duff

"The Legion shows us all not only the possibility but the necessity of holiness. You don't have to be extraordinary to be holy; pray a lot and do a lot, that is the secret."



Allocutio



By: Lucy Waty

Harmony - The Expression of Unity - Chapter 19.18

Today, let's talk about something very important in our meetings and in our work as Legionaries: harmony is when we show our spirit of love through our actions and words. It is essential that harmony leads our meetings because it shows that we are united in our purpose and in our love for each other and for our mission.

In the Legion, being efficient doesn't mean we forget about being harmonious. Achieving great things should not disturb our peaceful and respectful atmosphere. If we lose harmony, we might not really be succeeding, no matter what we achieve.

We must avoid behaviors that break our harmony. This includes being too pushy, finding fault in others too quickly, showing anger, being cynical, or acting like we are better than others. These actions can hurt our unity. When we let these behaviors into our meetings, harmony disappears quickly.

So, as we continue our work, let's remember to support each other, speak kindly, and respect each other's views. Let's make our meetings a place where everyone adds. This way, our unity and harmony will help us to be more effective in all we do.

For Presidents and Leaders:

As leaders, you set the tone for harmony. It's important to encourage open dialogue and ensure that all voices are heard. Leaders should model the behavior they expect from members, showing respect, patience, and understanding. Avoid behaviors like dominance, unnecessary criticism, or showing frustration, which can disrupt harmony.

For Every Member:

Each member contributes to the harmony of the group. Support your fellow Legionaries by listening actively, offering help, and showing appreciation for others' contributions. Steer clear of behaviors that can harm unity, such as being overly critical, cynical, or showing superiority. Remember, a harmonious meeting is everyone's responsibility.

So, as we continue our mission, let's all strive to foster an environment where everyone feels respected and valued. By promoting and practicing harmony, both as leaders and members, we strengthen our collective effectiveness and embody the true spirit of the Legion.

So, let us each bring this spirit of harmony into every interaction within our Legion. By doing so, we inspire not only our own praesidium but every council and member we touch. Let's keep our hearts open, our minds willing to learn, and our spirits committed to the principles of love and unity. May this commitment to harmony drive us forward, fostering an environment where every member thrives and contributes to our collective mission. Together, with harmony at the forefront, we can achieve great things for our community and for the greater glory of God.



"Lord, bring us together in peace and understanding.

May we work as one, respecting each other and finding joy in our unity.

Guide us to live in harmony, reflecting your love in all we do. Amen."

REPORTS FOR THE MONTH OF AUGUST 2024

1. Marrickville Curia (Mother of The Mystical Body)

Active work:

- Visit to nursing home and private households to give Holy Communion to the elderly and the sick.
- Distribute Rosary beads to residents during visitation.
- Visit patients in hospital.
- Visit members of a Parishioner family with drug problems.
- Carry out work requested by Parish Priest.
- Work of service provide transport to sick & elderly members of the parish for Mass/Legion functions.
- Lead the Rosary, Divine Mercy.
- Manage the movement of the Pilgrim Statue of the Immaculate Conception.

2. Enmore Indonesia Praesidium (Queen of Angels)

Active work:

- Visitation to nursing home and pray with them
- Help recruitment drive at Mascot
- Shop-keeping at CIC Broadway

3. Ryde/Gladesville Praesidium (Mary Mother of Christ) Active work:

- One member along with an Auxiliary member circulate the Rosary Statue to individuals and families in the Parish.
- One member is part of Ukelele group who visits various retirement villages, nursing homes and leads music for outdoor Rosary events.
- Works of service home meal delivery for Our Lady's Kitchen
- Distribution of Rosaries and Miraculous Medals
- Lead Station of the Cross, Rosary, Divine Mercy
- Catechism

4. Timor Leste Comitium (Nossa Senhora do Rosario)

Active work:

- Accompany nuns to visit sick people and give communion
- Bring Priests to those terminally ill so they can do confession
- Held a recollection for Pascoa Preparations, organising retreat, confessions and Masses in Pascoa Feast
- Visit the elderly at their home
- Visit prisoners at Gleno detention centre

5. Terrigal Praesidium (Our Lady Star of the Sea)

Active work:

- Work of service transport to mass and shopping
- Distribution of miraculous medal and leaflets
- Catechist at primary school and high school

6. Canberra/Goulburn Curia (Our Lady of Mercy)

Active work:

- Home-to-home visitation by praesidia continues with Miraculous medals, Bulletins, devotional items and Catholic reading materials offered.
- Ongoing home visits were made to practising, lapsed and non-Catholics, mainly house-bound and elderly.
- Auxiliaries were visited and encouraged in their apostolate.
- Weekly street contact by 4 praesidia handing out MM & rosaries. Several thousand MM have been handed out over this time..
- Several praesidia bring the Pilgrim Virgin statue/icon to families and facilitate family prayers, fostering devotion to Our Lady and a sense of community.
- One praesidium regularly prays the rosary before Catholic funerals in two churches. Other praesidia have also prayed at funerals on request.
- Three praesidia have been involved in the organisation of overnight adoration.
- Rolling novenas on Zoom have been conducted by one praesidium with several non-legion people joining from time to time.
- Two praesidia run weekly prayers for parishioners
- A number of public rosaries have been held in various town centres and other localities and used to facilitate crowd contact.
- Convalescent and general hospital patients were visited and have been well received.
- Pamphlet stands were maintained in two churches.
- Two praesidia led the Rosary after Saturday vigil and before Sunday afternoon masses.
- One praesidium is providing transport to/from Mass for some parishioners.
- Piety stores have been conducted by several praesidia.
- Sacramental gift packs for children's first Holy Communion and Confirmation are provided by two praesidia.
- Regular promotion and opening of church libraries by one praesidium.
- RCIA program support by one praesidium.
- One praesidium assists with children's liturgy during Sunday Mass.
- One praesidium runs a children's catechism class on Sundays between Masses
- Distribution of holy water undertaken by two praesidia
- One praesidium leads prayers for priest after Mass on Tuesday which includes the rosary.
- One praesidium helped organise Our Lady of Fatima rosary event at one church on 13 May 2024
- Divine Mercy Sunday promoted with displays and prayer cards by one praesidium at 2 churches.



- 1. Saturday, 21 September 2024. Senatus Function Picnic to Penrose Park
- 2. Reporting for Sunday, 22 September 2024 (Meeting No 736): Korean Silverwater Comitium, Hunters Hill Praesidium, Camperdown Praesidium, Enmore P (Queen of Peace), Armidale Praesidium, Brisbane C
- 3. Preparation, catering and clean up: Hunters Hill, Camperdown, Treasurer
- 4. Reporting for Sunday,27 October 2024 (Meeting No 737):Northern Suburb C, Vietnamese C, Pennant Hills P,
- 5. Cathedral P, Kensington P (OLPH), Wollongong C, Solomon Is (Honiara) C.
- 6. Preparation, catering and clean up: Pennant Hill, Cathedral, Asst Secretary.
- 7. Soft copy of reports to be sent to Secretary (Sr Gabrielle) a week before the Senatus Meeting at **Email: SecretarySenatusSyd@gmail.com**
- 8. Please put your orders to Senatus on the updated and latest version of The Legion of Mary Hand book and your stock orders to the Assistant Treasurer (Br Edmund B) at

Email: AssistTreasurerSenatusSyd@gmail.com









Officer School Event: "Empowering Legionaries"

We recently held a successful Officer School event, which provided valuable insights into Legion work, door-to-door evangelization, and setting up junior presidia. We are grateful for the contributions of everyone who made this event possible.

A special thank you to Fr. Emanuel Seo for leading the Mass that started our day. His spiritual guidance set a perfect tone for the learning and fellowship that followed.

Thank you to our wonderful speakers: Elizabeth Mc Rae discussed the details of Legion work, Joe C shared strategies and experiences from door-to-door activities, and Lucy Waty offered practical advice on establishing junior presidia. Their expertise and dedication were invaluable.

We also appreciate the efforts of our presidium Our Lady of Sacred Heart and Our Lady Perpetual Help members who managed the catering . Your hard work behind the scenes ensured everything went smoothly.

Additionally, thanks to everyone on the team for their cooperation and commitment to making the Officer School a beneficial experience for all attendees.

For those who could not attend, don't worry! The PowerPoint presentations have been sent to all members via email by our Secretary. We hope these resources will be helpful for you.

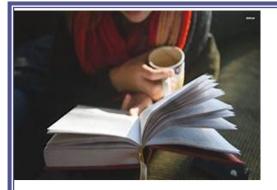
Together, we continue to grow in our service and dedication to the Legion's mission. Let's keep this progress going!





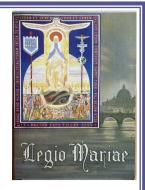






LEGION HANDBOOK REVISITED

Duties of a Legion President



- 1. Meetings and Unity: The President must attend meetings and keep the group connected with the main Legion body.
- **2. Leading Meetings:** The President leads meetings, assigns tasks, and checks on members' work. They ensure all Legion rules are followed.
- **3. Meeting Preparation:** They make sure the meeting room is ready on time with everything needed like light and seating.
- 4. Punctuality: Meetings must start and end on time. The President should have a watch to keep track.
- **5.** Allocutio: If there's no Spiritual Director, the President either gives a talk or chooses someone to do it.
- 6. Officer Guidance: They teach and help other officers understand their duties.
- 7. Recognizing Talent: They look for members who could be good officers and recommend them for roles.
- **8. Setting an Example:** The President should inspire others with their commitment but not do the work of other members.
- 9. Clear Communication: They need to speak clearly so everyone can understand. This helps keep meetings lively.
- 10. Managing Reports: They help members report properly, encourage shy members, and keep long reports in check.
- **11. Minimal Speaking:** The President should talk just enough to guide the meeting well, without dominating the discussion.
- 12. Fraternity and Humility: They promote a friendly atmosphere and show great respect and care for all members.
- 13. Member Engagement: They encourage members to share ideas and help others.
- 14. Quality Work: The President checks that members' work meets Legion standards and encourages constant improvement.
- **15. Encouraging Effort:** They push members to do their best, matching tasks with members' abilities.
- 16. Responsibility for Errors: Most group mistakes can be traced back to the President's leadership.
- 17. Managing Mood: Even if irritable, the President should remain positive as emotions can affect the whole group.
- 18. Seeking Advice: If things aren't going well, the President should talk to higher officers and follow their advice, even if it means stepping down.
- 19. Participation: The President should also do regular Legion work, just like any member.
- **20.** Leadership Qualities: They must show obedience to church authority, self-denial, charity, and work well with others.

Duties of a Legion Treasurer

- 1. Meeting Attendance: The Treasurer must attend all meetings of the Curia.
- **2. Financial Management:** The Treasurer handles all money matters for the group. This includes receiving money, making payments, and keeping detailed and correct financial records.
- **3. Collection Responsibility:** The Treasurer is responsible for ensuring that the secret bag collection is made at each meeting.
- **4. Authorized Payments:** The Treasurer can only pay out money as directed by the group and must deposit any funds in the group's account as instructed.
- **5. Managing Funds:** The Treasurer should keep an eye on the group's funds, especially any that are building up. They should discuss these funds regularly with the group, considering the guidelines in chapter 35 on Funds.

Duties of a Legion Vice President

- 1. Meeting Attendance: The Vice President must attend meetings of the Curia.
- **2. Acting as President:** In the absence of the President, the Vice President takes over all duties. This doesn't mean they will automatically become the new President if the position becomes vacant.
- **3. Supporting the President:** The Vice President helps manage the group and its activities, not just when the President is absent. They should work closely with the President, like a team, to ensure everything runs smoothly.
- **4. Managing Membership:** The Vice President welcomes new members, introduces them to others, assigns tasks, and explains the obligations of membership, including daily prayers.
- **5. Attendance Tracking:** They keep track of who comes to meetings.
- **6. Keeping Records:** They manage records of all types of members (active, probationary, auxiliary) and update these records after probation periods.
- **7. Membership Transition:** They inform members when their probation is ending and organize the taking of the Promise.
- **8. Member Retention:** If a member starts missing meetings, the Vice President tries to keep them engaged and prevent them from leaving.
- 9. Prayer Duties: They ensure that prayers for deceased members are not forgotten.
- 10. Visiting the Sick: The Vice President either visits sick members or arranges for others to visit.
- 11. Member Supervision: They oversee efforts to gain and maintain auxiliary and adjutorian members, ensuring continuous engagement.



Duties of a Legion Secretary

- 1. Meeting Attendance: The Secretary must attend all meetings of the Curia.
- **2. Minute Keeping:** The Secretary is responsible for writing the minutes of meetings. The minutes should be clear, well-prepared, and read aloud distinctly, as they are crucial for the efficiency of the meeting.
- **3. Quality of Records:** To ensure high-quality records, the Secretary should use good tools, like writing in ink or typing on good quality paper. Poor tools can lead to poor records.
- **4. Beyond Secretarial Duties:** The Secretary's role isn't limited to just taking minutes; they have other responsibilities as well.
- **5. Information and Correspondence:** The Secretary must provide all required information and returns to the Curia and handle the group's correspondence. They also need to ensure that there are enough stationery supplies.
- **6. Delegation of Duties:** Some of the Secretary's tasks may be assigned to other members by the President, as needed.

Inspiring Roles in Action.

President:

"A President is not just a leader; they are a source of motivation and dedication. By keeping meetings on time and focused, the President shows how important discipline and commitment are, encouraging others to follow their lead."

Vice President:

"The Vice President acts as a strong support when the President is not there. By getting to know new members and helping them fit in, the Vice President grows a sense of togetherness and ensures that every member feels valued and important."

Secretary:

"An effective Secretary turns meeting notes into valuable records that capture the essence of each discussion. With precise details and clear presentation, they make sure the history and decisions of the group are well documented for the future."

Treasurer:

"A good Treasurer is more than just a money manager; they are the guardian of trust and integrity in the group. By carefully and transparently handling funds, they ensure that all resources are used for the noblest purposes."

Tips for Handling Challenges in Legion Activities

- 1. Be Proactive: Think ahead about possible problems and plan how to solve them before they get bigger. This includes preparing for difficulties like recruiting new members or project setbacks.
- **2. Open and Honest Communication:** Make sure everyone feels comfortable talking about their challenges. Open communication helps identify problems early and find solutions together.
- **3. Strong Teamwork:** Build a supportive team. Good teamwork makes your Legion stronger in facing challenges. Everyone should feel involved and important.
- **4. Training and Development:** Give proper training to Legion members so they have the skills needed to handle challenges. This can include interpersonal, technical, or leadership skills.
- 5. Flexibility and Adaptation: Be ready to change plans and strategies if situations change. Being flexible is important to stay relevant and effective.
- **6. Spiritual Support:** As a Catholic organization, include prayer and spiritual reflection in your approach to challenges. Spiritual support can provide strength and guidance during tough times.
- 7. Regular Evaluation and Feedback: Regularly check how activities are going and ask for feedback from members. This helps you understand what works well and what needs improvement.
- 8. Prioritize Member Well-being: Keep an eye on the mental and physical health of all members. Their well-being is crucial to ensure the team can keep working well over time.
- **9. Strong Leadership:** Ensure Legion leaders have a clear vision and can inspire others to follow. Good leaders can guide the organization through challenges with wisdom and determination.
- 10. Celebrate Success: Always celebrate successes, no matter how small. This builds team morale and motivation, especially after facing challenges.



Effective Leadership Tips

- 1. Clear Communication: A good leader should talk clearly and simply. Make sure everyone understands your messages and goals.
- **2. Active Listening:** Listening is as important as talking. Listen to your team's needs and worries to build trust and respect.
- 3. Empower Your Team: Trust your team to make decisions and do their tasks. This builds their confidence and motivation.
- **4.** *Inspire and Motivate:* A leader should make their team excited to reach goals together. Showing enthusiasm can really motivate your team.
- **5.** Be Consistent: Being consistent makes things stable and builds trust. Always act, make policies, and communicate in a consistent way.
- 6. Adaptability: The world changes fast, and leaders need to adjust to new situations. Don't be afraid to try new things and change plans if needed.
- **7. Self and Team Growth:** Spend time and resources on improving yourself and your team. Continuous learning through courses and training is key to growing.
- 8. Integrity: Always be honest and fair. A leader with integrity is respected and trusted by their team.
- **9. Decisive Decision-Making:** Leaders need to make strong and clear decisions, especially in tough situations.
- 10. Recognize and Appreciate: Always recognize and thank your team for their work. Genuine appreciation boosts team spirit and loyalty.

A true leader is humble and kind, Listening first before giving a command, With love and wisdom, they guide the way, And in tough times, they firmly stand.

WHY WE CARE SO MUCH ABOUT MOTHER MARY

A Reflection by Jujun Kawiadji from Praesidium Our Lady Undoer of Knots, at Senatus of Sydney Congress 2024.

On the cross before Jesus died, He gave us His mother as our spiritual mother and entrusted her in helping us towards holiness. As Jesus saw His mother and the disciple He loved standing nearby, He said to her, "Woman, here is your son," and to the disciple, "Here is your mother." From that time on, this disciple took her into his home (John 19:26-27).

- As children of God, we are called to mirror our lives like Jesus, our Saviour.
- Ultimately, no one has imitated Jesus better than His own Mother.
- When we draw near to Mary, she leads us to her Son.
- St. Louis de Montfort told us: True devotion to Mother Mary is holy, it leads us to avoid sin and to imitate her.
- There are many quality characteristics that we should learn from Her.

Today, I will share 6 of them:

1. Humility

- Humility is the foundation of spiritual life and prayer.
- St. Augustine: "The essence of Christianity is humility, humility, humility."
- "Rejoice, highly favored one, the Lord is with you, blessed are you among women" (Luke 1:28).
- "Behold, I am the handmaid of the Lord; let it be to me according to your word" (Luke 1:38).
- How do we train ourselves to be humble? Frequent examination of conscience and confessing our sins.
- St. Teresa of Calcutta said: "If you are humble nothing will touch you neither praise nor disgrace, because you know what you are. If you are blamed, you will not be discouraged. If they call you a Saint, you will not put yourself above everyone else."

2. Faith

- Mary surrendered herself to the divine plan.
- She said yes to bear the Son of God.
- When Mary was in doubt, she pondered the words of God in her heart and became strong in faith.
- "Faith is the assurance of what we hope for and the certainty of what we cannot see" (Hebrews 11:1).
- Faith is a gift from God; to receive this gift, we must seek communion with God as the giver.
- We can do this through personal prayer, listening to His words, reading the Bible, and joining a prayer community like the Legion of Mary.
- It is important to make time with God in silence.
- "For with God, nothing will be impossible" (Luke 1:37).

3. Obedience

- To be able to obey God, we must first have humility and faith.
- Mary teaches us to obey Jesus at the wedding feast of Cana: "Whatever He says to you, do it" (John 2:5).
- Jesus said, "If anyone loves Me, he will keep My word, and My Father will love him, and We will come to him and make Our home with him" (John 14:23).
- We can obey the will of God through His words in the Bible and the Church's teachings, e.g., His 10 Commandments.
- Receive the sacraments, which are efficacious signs of grace, instituted by Christ and entrusted to the Church, by which divine life is dispensed to us (CCC 1131).

4. Wisdom

- Mary showed wisdom in many of her actions.
- She fled to Egypt for the safety of her Son when the angel appeared in Joseph's dream warning them to leave Egypt as King Herod would kill Him.
- Mary followed her husband and did not assume that God would protect baby Jesus without action.
- We need to apply our wisdom to discern what is right and wrong.
- God is the source of Wisdom. Pray to God to give us wisdom like King Solomon did.

5. Caring

- Mary heard the news that her cousin Elizabeth was expecting a child and went to her in a hurry (Luke 1:39).
- She was moved to help and share the joy with Elizabeth, who conceived a son in her old age.
- By moving in a rush to visit and help, Mary showed great love and care.

6. Patience and Perseverance

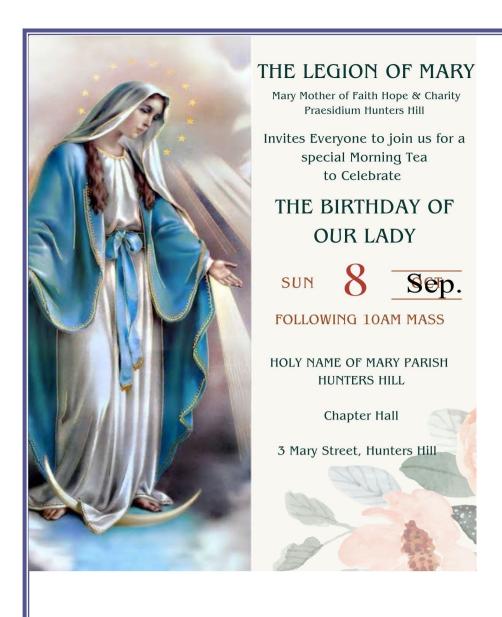
- One of Mary's most valuable strengths was her ability to be patient and to persevere.
- She faced many trials in her life from the Annunciation until the crucifixion but never lost sight of God.

To live like Mary, we need to deepen our relationship with her. Here are a few things we can do:

- Meditate on Mary's characteristics.
- Pray the rosary.
- Pray the Angelus.







THE LEGION OF MARY

OUR LADY OF THE SACRED HEART CURIA ILLAWARRA OUR LADY GATE OF HEAVEN PRAESIDIUM HURSTVILLE



SEPTEMBER FUNCTION

Celebrating the Birthday of our Lady (8th September)

Who: all legionaries: past, present, active, auxiliaries; friends of legionaries; all who are interested in becoming a

legionary; everyone of goodwill!

When: Saturday, 14th September 2024 from 9.15 am

Where: St Michael's Parish

10 Croydon Road, Hurstville NSW 2220

Church

Parish office meeting room 1

What: Please bring your rosaries and food & drink to share (morning tea/brunch)



PRIESTS DO CRY....

Do the priests cry? Yes. They do cry....

And why does a priest cry? Priests cry for many reasons...

But are priests not men of God? Why would they have to cry? Yes priests are men of God it's true but they are not super heroes nor stones. They are human beings.

But why does a priest cry?

- Priests cry in solitude. Surrounded by people but alone.

They cry of nostalgia for their families, for being away from the ones they love, for not being able to be with them in the good times and in the bad times, for not being close to the friends who watched us grow up.

They also cry for misunderstanding. A priest cannot get sick, feel tired, have friends or be sad, the people demand him to be perfect and no matter how many good things he does, there will be a mistake to criticize him.

They cry over frustration that sometimes even if they try and give their best, people don't respond. It's like they're fighting alone.

They cry for powerlessness when they witness pain, problems, diseases, poverty and suffering of their sheep and they can do nothing but pray, accompany, understand and feel compassion.

They also cry of happiness when they live their vocation, when they serve their neighbor, when they perceive the fruit of the mission.

They cry of love when they receive the true and selfless affection from some good people, when they feel the love of God in their lives.

Priests cry yes, alone and in silence. Refugees in the heart of God.

Also the priests weep in agony for their sins and miseries, because in spite of everything, they are also sinners.

That's why we pray for priests!

And more than criticizing a priest, let's bow our knees and pray for him.

By Bishop Gerardo Alminaza





Explore your Faith with the Legion Of Mary

Join us at St Michael's Meadowbank Parish for Fellowship, Prayer, and Community Service. Discover how you can make a difference.

All are welcome!

Every Saturday at 10:30AM

Contact :

Tony Kurisingal : 0481 320 222 Joan D'souza : 0425 361 233

New Legion of Mary Group at Meadowbank Parish!

We're excited to announce a new Legion of Mary group meeting every Saturday at 10:30 AM at Parish Office , St Michael's Meadowbank Parish. If you or someone you know lives in the Meadowbank area and is looking to enrich their spiritual life while making lasting friendships, this is a perfect opportunity. Check out the flyer included here for more details and contact information.

Don't miss out on this chance to grow in faith and community!



Quote from St. Augustine

"To fall and rise again, to regret and feel sorrow, to weep and then to look forward with hope, this is the life of man; this is our task on the journey to eternal happiness."





Program: Penrose Park Shrine Picnic

9:00 AM

- Departure from Central Station.
- Gather at front 100 Chalmer st, by 8:45 AM

11:00 AM

- Mass at the Shrine Chapel Participate in the Eucharistic celebration.

12:15 PM

- Lunch & Fellowship Enjoy a picnic lunch together in the park, everyone to bring food to share.

1:30 PM

- Reflection & Station of the Cross.

2:30 PM

- Free Time & Explore the shrine grounds, visit the different devotional areas, or simply relax and enjoy the peaceful environment.

3:30 PM

- Departure from Penrose Park

5:00 PM

- Arrival at Central Station End of the day's activities.

Feedback Section

We value your opinions and suggestions! If you have any ideas, questions, or comments about our activities, feel free to share them with us.

Contact details

Senatus President: Lucy Waty . Mobile: 0414 895 884 (message only) . E: PresidentSenatusSyd@gmail.com

Thank you for your participation!