

Legion of Mary

SENATUS OF SYDNEY BULLETIN August 2024



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Mother Mary, assumed into heaven, guide us with

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Sharing from Members During the Retreat expressing how the event strengthened their faith. steadfast faith and a loving heart. Pray for us to remain faithful to

God's path and to reach the glory of heaven with you. Amen.

Pray for

Beatification of :

LEGION OF MARY FOUNDED 7 SEPTEMBER 1921



The Servant of God

Frank Duff



Alfie Lambe

Venerable

Edel Quinn

The Assumption of Mary:

The Assumption of Mary is a significant event in the Catholic Church, celebrated on August 15th each year. This feast commemorates the belief that the Blessed Virgin Mary was taken up body and soul into heaven

at the end of her earthly life.

Key Points:

1. Biblical Foundation:

- While the Assumption is not explicitly detailed in the Bible, it is supported by various scriptural passages and has been a long-standing tradition in the Church. Verses such as Luke 1:28, where Mary is greeted as "full of grace,"

and Revelation 12, which describes a woman clothed with the sun, have been seen as supportive of this belief. **2. Historical Development:**

- The belief in the Assumption has been part of Christian tradition since the early centuries of the Church.

It was formally declared a dogma by Pope Pius XII in 1950 in the apostolic constitution *Munificentissimus Deus*. **3.** Spiritual Significance:

- The Assumption of Mary highlights the hope and promise of resurrection for all Christians.

It serves as a reminder of the dignity and destiny that await all faithful followers of Christ.

4. Celebrations and Traditions:

- Around the world, the Assumption is celebrated with special masses, processions, and prayers.

It is a day to honor Mary's role in salvation history and to seek her intercession.

5. Mary as a Model of Faith:

- Mary's Assumption into heaven is a testament to her unwavering faith and obedience to God's will.

It encourages believers to live a life of holiness and dedication to God's plans.





Introducing Our New Assistant Secretary Senatus of Sydney Congratulation to Chris Amyes on being elected! Thank you for taking the position.

We look forward to your contributions.

A Memorable Day with the Junior Praesidium: Mary Queen of Angels .



Visited by Sr Lucy W and Sr. Jojo.



Quote from Frank Duff

You must know Mary



Frank Duff: "Mary is your Mother, more so than your earthly mother.

She is the custodian of your soul and your life."

From book: A Thought a day with Frank Duff.

Allocutio

By : Sr. Lucy Waty

Strength in Weakness

Dear brothers and sisters in Christ, today we will reflect on the theme *"Strength in Weakness"*. In our journey of faith, we often face situations that make us feel weak and powerless. However, it is in our weakness that God shows His perfect strength.

Scripture Reflection

In 2 Corinthians 12:9, Apostle Paul says, "But He said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.'" This verse reminds us that in every weakness and challenge we face, God's grace is enough to sustain us. God uses our weakness to show His strength and to remind us that we are not alone in our struggles.

Stories of Saints

We can see another example of strength in weakness in the life of Saint Paul himself. Despite facing many sufferings and challenges, he remained faithful to serving God. His spiritual strength came from acknowledging his own weakness and fully surrendering to God's power. This is also seen in the lives of other saints who found strength in their faith amid physical and spiritual weakness.

In the Legion of Mary Handbook, we find inspiration about strength in weakness in Chapter 33: "Catena Legionis". Here, we are reminded that our daily prayers, including the Magnificat, are a source of invaluable strength. Mary, even in difficult and uncertain situations, continued to glorify God and entrust everything into His hands. By following Mary's example, we too can find strength in prayer and faith, even in our weakest moments.

Brothers and sisters, let us remember that our weakness is not a barrier to victory in Christ. Instead, it is an opportunity for us to experience God's real strength in our lives. By relying on His grace and following the example of Mary and the saints, we can walk firmly in faith, knowing that in our weakness, God's power is made perfect.

Let us pray that God always gives us strength and courage to face every challenge with strong faith and hope.

Amen

Legionary Q & A

Part I: * Dual Membership *

I - Can a Legionary be a member of the Society of St. Vincent de Paul?

A - Yes. There is no bar on a Legionary being a member of another Catholic organisation such as the Society of St Vincent de Paul.

The only area in which difficulty might arise is if you are assigned by both organisations to visit the same people. If this were likely to happen, then it would be best for you to opt for either one or the other of the organisations. If you were visiting the same person one time as a Legionary and at another time as a member of the St. Vincent de Paul, then the person being visited would not be able to understand or distinguish between your roles. A Legionary cannot give material relief.

However, if you explained this to the St. Vincent de Paul, they would be able to arrange for you to visit people where you would not be visiting as a Legionary. Also, you could mention the situation to the Presidium President to ensure that you do not visit where you have already visited for Vinnies. This would ensure that a clash does not arise.

REPORTS FOR THE MONTH OF JULY 2024

Blacktown Comitium (Our Lady of Consolation): Visitation (including elderly, auxiliary members, nursing home); distribution of Miraculous Medals, guides to confession and prayer cards; transfer of the pilgrim statue of our Blessed Mother and use this opportunity to pray with willing families; teaching Special Religious Education in Public Schools. One praesidia is actively promoting the ALPHA program, a men's group, RCIA and marriage preparation. Other praesidia organise the Patricians every month, and special devotions to Mary, in the month of May. Other parish works include organising an hour of Reparation to the Holy Face of Jesus every week, encouraging enthronement of the Sacred Heart of Jesus in the homes, organising 33 day preparation for the consecration to our Blessed Mother.

Junior Praesidium: Junior legionaries have persevered in their membership and, on turning 18 have taken on the duty of presiding over the junior praesidia themselves. This duty is overseen by more experienced legionaries who serve as vice presidents. Work of the juniors include promoting and defending the faith in the school; organising little Rosary groups with other students; speaking about the miraculous medal and distributing it to friends and family; encouraging lapsed Catholic friends to return to the Sacraments; speaking to non-Catholic friends about Jesus's love for them; and recruiting parents for auxiliary membership.

- Surry Hills Praesidium (Mother Mary Refuge of Sinners): Lead rosaries and devotionals; assisting in RCIA and leader in Alpha Group; Sacristan duties; evangelising in local Ward Park and surrounds local housing residents and; distribution of Prayer Cards, Miraculous Medals and Rosary Beads.
- North Ryde Praesidium (Spouse of the Holy Spirit): Visitation (including auxiliary members, elderly, the lonely, sick and bereaved parishioners at home and at Aged Care and Nursing Homes); attend the Parish Flame gift shop; 3 members are Catechist; circulate Rosary Statue to families in the parish and prayed the rosary with them; leading the rosary; archiving at Senatus; visit newly baptised babies in the parish and prepared a welcome gift pack with coloured rosary, miraculous medal and prayer card; pray the Rosary and the Legion prayers before the funeral mass for the reposed souls of auxiliary members; delivered the Easter mass timetables to 8 local hotels and one caravan park; 3 members led the Parish Station of the Cross during Lent; prepared and distributed 400 bottles of Holy Water at Easter masses.
- Solomon Island (Mother of Good Counsel): Visitation (including religious visit, home, door to door, hospital, local seafarers, people at the street, auxiliary members); teaching Sunday School; leading Rosary; establishing and expanding Junior Praesidium.



- Officer School—Saturday, 10 August 2024 at Immaculata House, Broadway. 1.
- 2. August Senatus Meeting will be Sunday, 25 August 2024 at 1:30pm
- Correspondence meeting—Sunday, 25 August 2024 at Immaculata House, Broadway. 3.
- 4. Reporting for Sunday, 25 August 2024 (Meeting no 735): Inner West C, Marrickville Curia, Enmore P (Queen of Angels), Mascot Praesidium, Ryde/Gladesville Praesidium, Canberra/Goulburn Curia
- Preparation, catering and clean up: Mascot, Ryde/Gladesville Ass Treasurer 5.
- Soft copy of reports to be sent to Secretary (Sr Gabrielle) a week before the Senatus Meeting at 6. Email: SecretarySenatusSyd@gmail.com
- Reporting for Sunday, 22 September 2024 (Meeting No 736) : Korean Silverwater Comitium, Hunters Hill 7. Praesidium, Camperdown Praesidium, Enmore P (Queen of Peace), Armidale Praesidium, Brisbane C
- Preparation, catering and clean up: Hunters Hill, Camperdown, Treasurer 8.
- Please put your orders to Senatus on the updated and latest version of The Legion of Mary Hand book 9. and your stock orders to the Assistant Treasurer (Br Edmund B) at Email: AssistTreasurerSenatusSyd@gmail.com

"In Loving Memory of Peter Gale."





We recently gathered in solemn remembrance for the funeral of Peter Gale, a beloved member of our Legion of Mary community, held on Friday, 12th July at St Canice's Church, Katoomba. The ceremony began with the Rosary and Legion prayers at 10:00 AM, reflecting our collective faith and support for the bereaved family during this difficult time.

The Funeral Mass commenced at 10:30 AM, led by our devoted clergy, where many Legionnaires joined in prayer and commemoration of Peter's life and contributions. This was followed by the Angelus bell at midday, marking our farewell as the cortège proceeded to Katoomba Cemetery.

The gathering concluded with a wake in St Canice's Parish Hall, where family, friends, and Legion members shared memories and comforted each other. We extend our heartfelt condolences to Peter's family, especially to his daughter, Sr. Mary Gale, who has been a steadfast member of our Legion. The community's presence, prayers, and the sympathy card shared are tokens of our collective support and remembrance.

Peter's spirit and contributions to our Legion Of Mary community will not be forgotten. We pray for his peaceful repose and for strength and comfort for his loved ones during this time of mourning.





Celebrating the life of Mansjur Chen



18 June 1944-11 July 2024

Funeral service:

In Loving Memory

With deep sorrow, we announce the passing of our legion member Brother Akuang (Mansyur Chen), from the Legion Of Mary, Our Lady of Perpetual Help—Kensington.





Please pray for :



- 1. The causes of Frank Duff, Edel Quinn and Alfie Lambe.
- 2. For all the sick or departed Legionaries, families and friends .
- 3. For all the newly ratified and appointed officers, and also all the active and auxiliary members.
- 4. For conversion of sinners, victim of natural and other calamities, all children of the world, poor and dejected in the community, poor souls in purgatory and those asking for our prayers.
- 5. Prayer Request:

Please pray for one of our Legion members for their daughter, Dedodiya Yolanda Ximenes. They need our prayers for health and strength in life's journey. Let's pray for their path to be easier and for them to keep moving forward. Thank You for praying with us.

A Warm Welcome and Faithful Gathering:

Senatus of Sydney's Visit to Our Lady Of Grace Curia in Murwillumbah By Jojo (Josefina Delavega) and Larma (Larma Cachuela) On June 2024.

Last weekend, Sr. Larma and I were graciously received by Sr. Lesley Dowling at Gold Coast Airport, who promptly escorted us to the Curia meeting at St. Anthony Parish in Kingscliff. Despite the lengthy journey, the warmth of the welcome from the seven devoted Legionaries present made every mile worth it. We were introduced to the curia officers: Sr. Philomena Zambelli, the enthusiastic President; Sr. Evelyn Cook, the dedicated Vice President; and the versatile Sr. Lesley Dowling, who not only welcomed us but also served as Treasurer and, in the absence of the Secretary, managed the minutes.

The meeting represented three Praesidia, all brought to life by the stories and commitment of members mostly in their senior years, with ages ranging from the 70s to the 90s. Sr. Carmel, from Byron Bay, shared her experiences and sought guidance on continuing her valuable contributions. Their deep love for the Legion and Our Lady was evident, creating a vibrant atmosphere of dedication and faith, supported by Fr. Rego, a Marist priest who reciprocates their strong support.

The day continued with a smooth meeting and a lovely afternoon tea served by our hosts. Sr. Lesley then invited us to her 17th-floor apartment overlooking the vast ocean, where we were welcomed by her husband, Chris. Our discussions delved deep into our Catholic faith and the Church, enriching our stay significantly.

The spiritual enrichment continued into the next day with a Retreat Day. We began with the recitation of the Rosary and Legion prayers, followed by a Mass celebrated by Fr. Rego, warmly attended by parishioners. After the Mass, approximately 50-60 attendees gathered in the Church Hall for insightful talks by Fr. Rego and the opportunity for confession. A communal lunch, brought by attendees, fostered fellowship, and the retreat concluded at 2:30 PM with a joint effort to tidy the hall.

Our visit concluded on Sunday, 30th June 2024, with a serene Mass at the cozy St. Camillus Church, celebrated by Fr. Rego. Before our departure at 3:45 PM, we ensured a visit to Sr. Kay Young, sharing stories and prayers, highlighting the deep connections within our community.

The journey culminated with a lunch at the airport, where Sr. Lesley and I reflected on the impactful work of the Legion and the profound love for Our Mother Mary that motivates us all. Departing with hearts full of joy and encouragement, we are reminded of the profound impact of our shared faith and the ongoing mission of the Legion.











Concilium News: Highlights from the International Meeting in Rome

Our June 13, 2024, the Legion of Mary attended an international meeting for lay associations in Rome with Pope Francis. President Declan Lawlor and Secretary Miriam McKane represented the Legion. They met Cardinal Farrent and were honoured to read prayers in St. Peter's Basilica.

Pope Francis spoke about Synodality, emphasizing three virtues: thinking as God thinks, avoiding exclusiveness, and achieving humility. He gave his blessing and met with Declan, who presented him with a Legion handbook in Spanish.

The meeting highlighted the importance of lay associations in the Church and stressed the need for dialogue and personal contact in evangelization. After the conference, Declan and Miriam visited St. Peter's crypt and prayed at the statue of St. Louis De Montfort.

The event was highly valued, and we continue to serve God under Mary's banner.





Invitation to Officer School

Attention all Legionnaires!

We are thrilled to invite you to our upcoming Officer School. This is a wonderful opportunity to deepen your understanding of the Legion's mission and enhance your skills in carrying out our work.

Highlights of the Officer School:

Special Talk on Creating a Junior Praesidium : Learn the steps and benefits of forming a junior praesidium, empowering our younger members to join in our mission.

Exploring Legion Work : Gain insights into the various tasks and responsibilities that define our day-to-day efforts in the Legion, ensuring you are well-prepared to serve effectively.

This event is crucial for all current and aspiring officers, as well as any members interested in taking a more active role within our community.

Please see the attached flyer for more information. We strongly encourage everyone to attend and participate in these discussions. This is not just an opportunity to learn but also a chance to share your ideas and contribute to shaping the future of our community.

Your presence will make a difference, and together, we can continue to grow and serve with even greater impact.

We look forward to seeing you there!

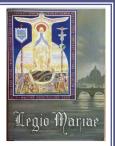




LEGION HANDBOOK REVISITED



Recruitment of New Members (Ch 33.9)



Part of the duty of every legionary is to recruit new members. The Handbook emphasizes that if the Legion of Mary is a blessing to oneself, it should also be shared with others. Bringing new members into the Legion allows them to experience the same spiritual benefits and upliftment that current members enjoy.

Legionaries are encouraged to recruit new members because the Legion helps people grow in love and service to Mary, which is considered the greatest blessing after Jesus. This growth in devotion to Mary enriches one's spiritual life, as God has made Mary central to the supernatural life, in connection with Christ.

The Handbook highlights that many people yearn for a deeper spiritual path but may never join unless they are approached and encouraged. By inviting others, legionaries can help them discover the Legion's blessings and, in turn, these new members can positively impact others.

The passage concludes with a poem by Bl. John Oxenham, which reflects the choices every person faces in their spiritual journey, encouraging them to choose the higher path.

Simplified Explanation:

Every member of the Legion of Mary has a duty to invite new people to join. If the Legion has been a blessing for you, you should want others to experience the same. The Legion helps people grow closer to Mary, which is a great blessing.

Many people want to find a deeper spiritual life but might not join unless they are invited. By inviting them, you can help them find the blessings of the Legion, and they can then help others too.

There is a poem that says everyone has a choice to follow a higher or lower path in life. We should help others choose the higher path by inviting them to join the Legion of Mary.



Tips for Recruiting New Members

1. Identify Potential Members:

Look for people around you who show interest in spiritual activities or church service. Invite them to learn more about the Legion of Mary and how they can contribute.

2. Host Open Events:

Organize open events like seminars, retreats, or meetings that are open to the public. Use these opportunities to introduce the Legion of Mary and its mission.

3. Share Testimonials:

Share personal experiences from Legion of Mary members about the benefits and satisfaction they feel. Personal stories can inspire others to join.

4. Use Social Media:

Use social media platforms to promote the activities and mission of the Legion of Mary. Share photos, videos, and inspiring stories that can attract new members.

5. Personal Invitations:

Nothing is more effective than a personal invitation. Invite friends, family, or coworkers to attend a Legion of Mary meeting or event. Explain the benefits of joining and how they can contribute.

6. Collaborate with the Church:

Work with the parish or church community to spread information about the Legion of Mary. Seek support from the local pastor or church leaders to promote your activities.

7. Create Promotional Materials:

Prepare brochures, pamphlets, or other promotional materials that explain the Legion of Mary. Distribute these materials in church, community events, or other public places.

8. Be a Good Example:

Show your commitment and enthusiasm in serving. When others see your dedication, they will be more interested in learning more and possibly joining.



"Mary walked by faith, not by sight "by Fr. Rey (Renante S).

Reflecting on Our Journey with Mary

Dear Br And Sr,

During our recent retreat, we embarked on a spiritual journey guided by the life of the Blessed Virgin Mary, as explored in Edward Sri's book "Mary: A Biblical Walk with the Blessed Mother." We delved deep into the essence of Mary's faith and her profound commitment to God's will, illuminating how her life exemplifies walking by faith, not by sight.

Highlights from Our Discussions:

Mary's Humble Beginnings and Faithful Response: From a modest village, Mary accepted her role in God's plan with unparalleled faith. Her response to the Angel Gabriel, "I am the handmaid of the Lord. May it be done to me according to your word," reflects her readiness to embrace God's call despite the uncertainties ahead.

The Annunciation: This pivotal moment revealed Mary's profound role as the mother of the Messiah. Her unwavering trust in God's plan, despite not knowing all the details, encourages us all to live a life of faith and obedience.

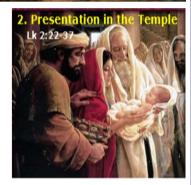
Key Events in Mary's Life: We reflected on the Presentation of Jesus in the Temple and the profound prophecies revealed by Simeon, foretelling the monumental impact of Jesus' life and the deep sorrows Mary would endure.

The Seven Sorrows of Mary:These poignant moments—from the prophecy of Simeon to the burial of Jesus—underscore the depth of Mary's emotional and spiritual journey, reminding us of the strength found in steadfast faith even in the face of immense suffering.

Mary at the Cross: As a model of fidelity, Mary stood by Jesus during His crucifixion, embodying the ultimate example of faithfulness. Her spiritual motherhood extends to all of us, as echoed in Jesus' words, "Woman, behold your son" and "Behold your mother."

This retreat has not only deepened our understanding of Mary's extraordinary faith but also challenged us to trust more fully in God's plan, especially during times of uncertainty and trial. Let Mary's journey inspire us to walk firmly in faith, embracing each day with courage and trust, knowing that we are never alone in our trials.





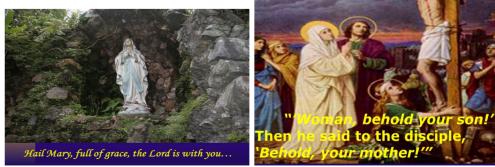






We invite you to carry the lessons learned from Mary's life into your everyday experiences, letting her faith guide your steps and decisions.

With blessings and gratitude,





Quote from a Church Leader:

"With her whole heart, Mary said 'yes' to God's plan, and she was assumed into heaven as a sign of the glory that awaits us all." - Pope Francis



Retreat Highlights and Acknowledgments

We had a truly enriching retreat, filled with inspiring shares from our dedicated Legionnaires. Each story added a unique layer to our understanding and appreciation of what it means to be part of the Legion of Mary.

Barbara M, shared her experiences doing door-to-door evangelization, bringing our mission directly to the community's doorstep.

Jason Cheung, who is currently on probation as a new member, expressed his initial impressions and commitments to our cause.

Aida, talked about her role when on duty at the church, always taking the opportunity to introduce others to the Legion.

Janet, reflected on the blessings of being a Legionnaire and her efforts to invite more people to join our mission. Mina, also new to our ranks, shared her admiration for those who undertake door-to-door tasks and her desire to learn how to handle rejection effectively.

Genalor Fischer, another newcomer, expressed her joy and gratitude for being part of the Legion.

Jan A, offered a touching insight into our devotion to Mother Mary, with more details shared on the next page.

A heartfelt *thank you* to everyone for your vibrant contributions which have inspired us all.

Special thanks are due to the teamwork that made this retreat possible:

We extend a heartfelt thank you to Father Rey for his enlightening talk on "Mary Walked by Faith and Not by Sight." His insights deeply enriched our retreat, providing us with a profound understanding of faith's role in our daily lives and in our service as Legionnaires. Father Rey's contribution was not only informative but also inspiring, making this retreat a truly memorable experience for all attendees.

The *Penant Hill presidium* who prepared everything from the hall to the sound system, music, and catering and cleaning.

All attendees who made the time to join and enrich our gathering.

Your participation and support reflect the true spirit of collaboration and community within the Legion of Mary. This retreat was a success because of each one of you.

Thank you for your dedication and teamwork. We look forward to more such enriching experiences together!



Sharing from Br. Jan Augustinus at the Senatus Retreat Saturday, 6 July 2024.



Our Lady Undoer of Knots: A Devotion with Deep Roots

Br. Jan is a member of the Legion of Mary Praesidium named "Our Lady Undoer of Knots." During our retreat, he shared a moving story about the history and significance of this devotion.

History of the devotion of Mary, Undoer of Knots begins in Germany 1615.

A young couple, married only for 3 years, were having serious marital problems & considering getting divorced,

visited an Austrian Jesuit Priest, Jakob Rem, for guidance and prayer.

The wife gave the Priest a ribbon that was used to tie the couple together during their Wedding ceremony



The ribbon had many knots that she made every time they had quarrels.



Father Jakob, prayed for the couple in front of Our Lady of Snow while holding the ribbon in his hands.

He begs Mary to undo the knots of the couple's marital problems.

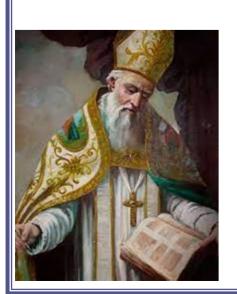
All of a sudden, the knots become undone miraculously one after the other until the ribbon is completely smooth

The couple reconciled & lived a happy marriage until the end of their lives. In 1700, Father Jerome Ambroise von Langemantel, grandson of the couple, ordered a painting to be made in memory of that miracle.





And the painting is called 'Mary the Undoer of Knots'.



The Name is also related to a Statement made by St. Irenaeus who is considered as one of the first Mariologists stated that "It is the knot of Eve's disobedience was loosened by the obedience of Mary For what the virgin Eve had bound fast through Unbelief, the virgin Mary set free (undo) through Faith"





Our Lady of La Sallette, France On September 19, 1846, Mother Mary appeared to Maximin Giraud (11) & Melanie Calvat (14) to give a message of Reconciliation of the World to God & pray the Rosary everyday. She was crying when

giving the message



In the apparition, Mother Mary was wearing necklace of Crucifix with a Nail Pincer on 1 side & a Hammer on the other. She said "Every time you sin, the Hammer would hit the Nail harder into His hands. And when you please God, the Pincer would pull the Nail from His hands"



St. John Mary Vianney, the Patron Saint of all Parish Priests was influenced by the La Salette apparition. When he celebrated the Holy Mass, he always pointed to the Tabernacle & said "He is there".

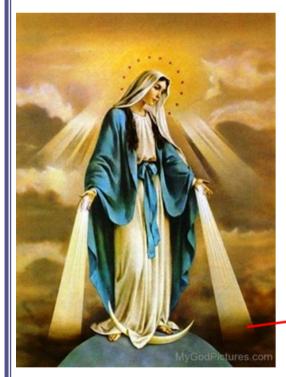
And St. John Paul II stated "La Sallete is a message of Hope, for our Hope is is Nourished by the intercession of Mary who is the Mother of Mankind".







Mother of Mankind ?... But not everyone is Catholic, especially the Christian's main resistance, Islam



Rev.12:1

A great sign appeared in the sky A woman clothed with the Sun With the Moon under her feet



Why Moon, not Earth ? Because it's the Symbol of Islam

If the symbol of Islam is under her feet, could that be the prophesy that one day our Heavenly Queen

would convert Islam into Christianity ?

As her message for us to pray Rosary every day,

our brothers & sisters of Muhammad may truly one day become our brothers & sisters in Christ.

After sharing this story, Br. Jan A closed with the song **"Mary Did You Know"** with a beautiful and melodious voice. May the Legionaries be inspired by Br. Jan's story and song.

Feedback Section

We value your opinions and suggestions! If you have any ideas, questions, or comments about our activities, feel free to share them with us. **Contact details**

Senatus President: Lucy Waty . Mobile: 0414 895 884 (message only) . E: PresidentSenatusSyd@gmail.com

Thank you for your participation!