



# Legion of Mary

Senatus of Sydney

Bulletin

December 2022 & January 2023



## Nativity Of Our Lord

Christmas is an annual festival commemorating the birth of Jesus Christ, observed primarily on December 25 as a religious and cultural celebration among billions of people around the world. A feast central to the Christian liturgical year, it is preceded by the season of Advent or the Nativity Fast and initiates the season of Christmastide, which historically in the West lasts twelve days and culminates on Twelfth Night. Christmas Day is a public holiday in many countries, is celebrated religiously by a majority of Christians, as well as culturally by many non-Christians, and forms an integral part of the holiday season organized around it.



The traditional Christmas narrative recounted in the New Testament, known as the Nativity of Jesus, says that Jesus was born in Bethlehem, in accordance with messianic prophecies. When Joseph and Mary arrived in the city, the inn had no room and so they were offered a stable where the Christ Child was soon born, with angels proclaiming this news to shepherds who then spread the word. The gospels of Luke and Matthew describe Jesus as being born in Bethlehem to the Virgin Mary. In the gospel of Luke, Joseph and Mary travelled from Nazareth to Bethlehem for the census, and Jesus was born there and placed in a manger. Angels proclaimed him a saviour for all people, and shepherds came to adore him. The gospel of Matthew adds that the magi followed a star to Bethlehem to bring gifts to Jesus, born the king of the Jews. King Herod ordered the massacre of all the boys less than two years old in Bethlehem, but the family fled to Egypt and later returned to Nazareth.



## SOLEMNITY OF MARY, MOTHER OF GOD

January 1st



Legion of Mary  
Founded 7 September 1921

Pray for  
Beatification of:



Frank Duff



Alfie Lamb



Edel Quinn



## DECEMBER 2022 - ALLOCUTIO

Sr Angeline Arellano - Lopez

Spiritual Reading pp 71-71 # 5

The spiritual Reading came from Chapter 11, Scheme of the Legion

Scheme means - a large-scale systematic plan or arrangement for attaining a particular object or putting a particular idea into effect.

So the Scheme of the Legion :

1. Personal holiness the object and means
2. An Intensely ordered system
3. Primary obligation is the duty of attendance at its meetings
4. The weekly meetings of the praesidium

On p 71 no 5, Frank Duff said:

“This weekly meeting is the heart of the Legion from which the life blood flows into all its veins and arteries. It is the powerhouse from which its light and energy are derived.... The legionaries shall therefore regard attendance at their weekly praesidium meeting as their first and most sacred duty to the Legion. Nothing can supply for this; without it their work will be like a body without a soul.” Elsewhere in the Handbook he writes without the slightest hesitation: ‘It is the meeting which makes the Legion’. Let us ask the question: why is the weekly meeting of the praesidium the central focus point of the Legion? Why this request for wholehearted fidelity to attendance at the weekly meeting of the praesidium

Our weekly praesidium meeting and also our monthly Curia Senatus Meeting with work undertaken and evaluated together is the source of immense grace for us and those we serve.

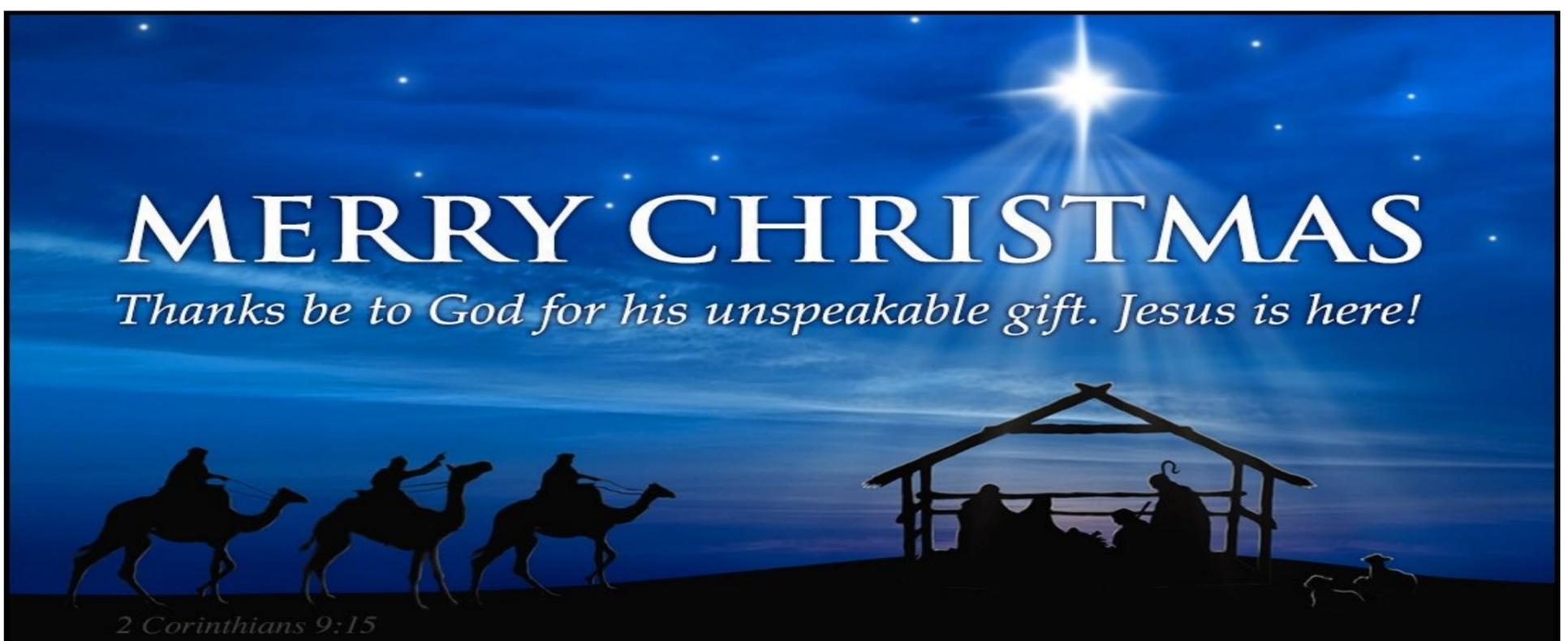
If you can imagine the meeting that took place at the cenacle ( upper room ) after Jesus went to heaven? Remember, praying the rosary is like holding our Mother Mary’s hand in conversation.

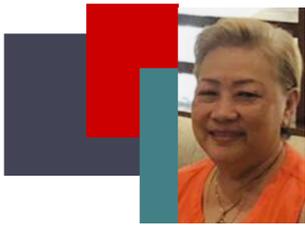
Our meeting is the Cenacle experience. Imagine Mother Mary discussing the works, experiences and legion life. We discuss our actual apostolic work that are the secret of the Legion just as it was with the apostles at the beginning of the Church with Mary. Legionaries who regularly miss their weekly meeting and fail to do a substantial weekly apostolic work will gradually drift away from the Legion.

Always remember that the single most important element in active membership of the Legion is the weekly praesidium meeting and the carrying out of the two-hour work assignment. It is certain that grace will abound in the Legion and through her to others when these two things are faithfully observed. So let us resolve to attend all the meetings and do heroic works.

I would like to greet each and everyone a very blessed and safe Christmas. I know this is also known as holidays season but please do not forget to do your weekly meetings.

Please reflect on it this season and make a real concerted effort to attend our Senatus Meetings in 2023 and beyond. Remember, the Senatus meeting is an officers’ school for all of us and we learn from it.





## JANUARY 2023 ALLOCUTIO

### Sr Angeline—Arellano Lopez

Having a hard time recruiting Legion of Mary new members in your area? Here are some reasons you can give for them to acknowledge your invitation. Hope that this will help you in your recruitment. I have either experienced or read them somewhere.

#### Ten Reasons to Join the Legion of Mary

##### 1. Joining the Legion of Mary can help in daily big and small miracles

The principle is that Our Lord and Our Lady are never outdone in generosity. If we sacrifice some time, effort or energy doing their work, they always give something in return.

##### 2. The Legion of Mary is a School for Saint

Frank Duff, the founder of the Legion of Mary, once said that “the Legion makes saints and makes them by the bushel.” When we consider that an organization only 100 years old already has lay members whose cause for canonization is truly amazing.

If we want to become good at something, we have to practice it every week, such as a sport, a hobby, a musical instrument. If we want to “be good” at holiness, we must practice it every week as well. And the Legion gives us that opportunity; it provides an ideal expression of the Catholic vocation. It is a unique privilege and great blessing to be counted in its membership.

In sports, if we want to join the City to surf, we practise. If one wants to conquer Mt Everest, there are months even years of preparation.

So if we want to go to heaven we practice our faith faithfully .

##### 3. Join the Legion of Mary and Fulfill Canon Law

Canon Law is the rule book of the Catholic Church. Canon 225 obliges us to be apostolic: “Since all lay people are assigned to the apostolate by baptism and confirmation, they are bound by the general obligation and they have the right, whether as individuals or organizations or in associations, to strive so that the divine message of salvation may be known and accepted by all people throughout the world.”

Legion of Mary membership makes it actually easy to follow the rules and be a good Catholic, but it does more: the Legion offers a proven method and motivation for sanctity, thus fulfilling Canon 210 which states: “All Christian faithful must make an effort, in accord with their own condition, to live a holy life and to promote the growth of the Church and its sanctification.

##### 4. The Legion keeps one young.

There are lots little old ladies who, in their nineties, are still doing their Legion work of going door to door. The Legion continues to keep them young.

##### 5. The Legion of Mary Teaches the Catholic Faith

During the weekly Legion meeting spiritual formation is found in the rosary, in the Legion prayers, in the spiritual reading and discussion, and in the talk by the spiritual director. Additional help comes from the wisdom and apostolic techniques learned from the reports which are presented and discussed.

Every time legionaries come together for a meeting it is as if they are gathered at the cenacle with Our Lady, as in the days of the first apostles. Every Legion meeting becomes the Upper Room where modern-day apostles gather together in a cenacle of prayer with Mary, asking the Holy Spirit to come upon them so that they can do great things for the glory of God and the salvation of souls.

##### 6. Join the Legion of Mary and Make Friends

The Legion’s main purpose is the holiness of the members. It improves our “vertical” relationship we have with God and the Blessed Mother, but it also enriches the “horizontal” relationship of friends we gain as we live the Legion way of life.

Join the Legion of Mary - Get Married The Legion can help develop wonderful life-long friendships with like minded Catholics. It is also a great place to meet a future spouse. One Legion council in Cork, Ireland reported five marriages from one Legion group alone. It soon became the most popular group in all of Ireland. Another, Legion group in Virginia (USA) reported 6 marriages in two years --equal to over half its average membership over those two years.

##### 7. Join the Legion of Mary as a Means of Tithing

In Scripture, tithing generally refers to the gift of ten percent of our finances to God. This principle should be applied to our time and effort as well. The Legion provides a good jump-start on this by requiring that about four hours each week be set aside, which is only two percent of our time. Scripture says that when you tithe, God’s blessing to you will be far greater than your generosity to Him.

Therefore, as we give time to our Lord and His Mother, they bless us in many ways and we find even more time and more blessings in life. So we are encouraged to consider the tithing principle not only for finances but also for time. The aim is to spend time serving God through Catholic living and the active apostolate.

##### 8. Joining the Legion of Mary Will Help You Face Judgment Day

What a great blessing it would be to hear Jesus say to us “Come, inherit the Kingdom prepared for you from the foundation of the world, for when I was sick in the nursing home, you Legionaries visited Me. When I was in prison, you came to see Me. When I was hungry for the Truth, you brought Me back to the Church. When I was thirsty for love, you came and comforted Me.”

The spiritual works of mercy – the Legion of Mary’s primary program of works, such as encouraging people to come back to the sacraments, helping to get children baptized, making the Catholic Church known to others – will be even more important than the corporal works of mercy (feeding the hungry, clothing the naked) because the soul, unlike the body, is eternal and will last forever in either heaven or hell.

##### 9. Join the Legion of Mary and Save Souls

This is what life on earth is all about and it has its basis in the Letter of James, chapter 5, verse 19: “Brothers, if anyone among you should stray from the truth and someone bring him back, he should know that who ever brings back a sinner from the error of his way will save his soul from death and will cover a multitude of sins.”

##### 10. Join the Legion of Mary and Masses and prayers will be Said For Your Soul

At present, throughout the world, there are approximately 600,000 Legion groups and by rule, each group has a Mass said for all deceased Legionaries in the month of November.

So, you as a Legion of Mary member, after your death can be sure of having millions of Masses celebrated for you. Imagine sitting in Purgatory and along comes November 1st, with six hundred thousand Masses, being said for you. If you are not out of there soon, it’s through no fault of the Legion of Mary!”

Well my dear Legionaries with these suggestions and well explained reasons why your invitation is such a great opportunity for the people you asked to Join the Legion of Mary. I do believe that you can recruit many souls to be a part of the Legion of Mary. Have a Blessed Week. (Adai Nanda)

## Reports for the month of December 2022

### Spouse of the Holy Spirit Praesidium - North Ryde

Works done by the Praesidium:

1. We kept in contact by phone people we usually visit at home.
2. 15th of June, OK from Father to resume visitations. 29th June 2022, we started home visitation, vaccinated member only. We visited residents from 5 Nursing Homes, Ashburn House Aged care, Caroline Chisholm, San Antonio de Padua, St Catherine, and Calvary Aged Care.
3. We attended the Parish Flame gift shop on Wednesdays, Fridays, and Sundays.
4. 17th of August Father celebrated mass at New Horizon N/H and anointed the residents with Holy Oil and we assisted. As to when regular mass will be back, Father will contact us when the mass is on at New Horizon N/H. Rosary is prayed monthly with the residents.
5. One member is preparing children for the Sacrament of Holy Communion in the Spanish Community.
6. We also visited newly baptised babies, give them gift packed with Rosary & miraculous medal to welcome them to the parish community.
7. 4 active members are catechist. And 1 member received recognition of her 20yr as catechist on 6th of November 2022 and Papal blessing, held at St Mary's Cathedral.
8. One active member did archive at Senatus.
9. We circulate the Rosary Statue to homes in the Parish and Rosary is prayed with the family.
10. One active member led the Rosary every Saturday after morning mass in the Church.
11. Members supported and assisted in the school Rosary held at the Grotto in October, Month of the Rosary.
12. One member visited Cathedral Praesidium.
13. We prayed Rosary before Funeral mass (requested by 1 auxiliary for husband's repose)

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Continuation of the Allocutio from page 3

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### LEGION OF MARY – SUGGESTIONS FOR RECRUITMENT DRIVE

1. We recruit not simply so that we can boast of an increase in the number of members, but because we firmly believe the Legion is a source of great graces, not only for the Recruitment is simply offering an invitation to receive an endless source of graces and an instrument for a fuller living of the Christian life."
2. "Put on a happy face" - a very happy face. You are blessed to be recruiting for Our Lady and offering to others the gift of an easy means to personal sanctification.
3. Get out from behind the table; in fact, put the tables up against the wall if possible. The table creates a barrier between you and your contacts as if you are afraid to approach them.
3. Keep several pieces of good recruitment literature in your hand. A COROLLARY: Do not hold Rosaries of Scapulars in your hand. We are recruiting for the Legion today; promoting Sacramentals is for another day. (But do keep them nearby if someone asks.)
4. Always stress active membership. Keep auxiliary membership as a last resort for those unable to be active members.
5. The goal is to get the contact to a meeting. Getting them to make a commitment is for later. Be sure your literature shows day, time, place of meeting, and a contact person and phone number. If it is not printed, write your name and phone number on the form.
6. Be adaptable. Listen and respond with empathy. Play back to the contact what they tell you
7. There is a simple sentence in the Handbook that requires a great deal of reflection. It reads: 'Part of the duty of every legionary shall be the winning of members.'

Thank you and happy recruiting

## Reports for the month of January 2023

### 1. Our Lady of Consolation Blacktown Comitium

Period of Report: August 2022 – January 2023

**Works Done:** Among the works they do are: Home to home visitation, Presiding and assisting Junior Praesidia and Curia including organising Junior retreats and functions, transferring of Our Lady's pilgrim statues with visitation to the homes, organising enthronement of the Sacred Heart of Jesus in the homes, Special religious education in state schools, organising teaching of the Sacraments for the Parish, follow up visits to newly baptised, and bereavement visits, visitation to auxiliary members, recruitment drives and extension works, hosting the centenary statue of our Lady, visitation to the nursing home for holy communion fortnightly and assisting the priest at Mass in the Nursing Home once a month, organising the recitation of the holy rosary before Sunday Masses, organising book barrow, hosting Patricians once a month.

**Works done by Juniors:** Promoting and defending the faith in school, distributing the Miraculous Medal, attending Junior retreat, spiritual readings from Scripture and holy books, pilgrimage to the tomb of St. Mary of the Cross....among other works with seniors.

**Extension and Recruitment:** Legionaries from various parishes have conducted recruitment drives throughout the year in view of gaining active and auxiliary membership.

**Events during the last six months:** Annual General Reunion in December at Emerton; Mass in Commemoration of Servant of God Frank Duff; participation in the 33 Days Prep. For the Total Consecration To Jesus Through Mary; Mass in Commemoration of Alfie Lambe; attended the Centenary Celebrations in September at St. Mary's Cathedral.

**Planned Events:** Jan. 23 2023- Information Evening for recruitment and extension at Our Lady of the Rosary Parish St. Mary's

### 2. Mother of Our Creator Korean Curia Normanhurst

Period of Report from January 2022 – June 2022

Spiritual Director Rev. Fr. Simon Pa

**Works Done:** Visitation of the homes and the sick and the old, in the nursing homes and hospitals; promotion of Catholic Religion in parish societies; encourage the Sacrament of . Reconciliation and attendance at Masses; Attending bereavement duties; assisting and organising at Christian Communities

#### Extension and Recruitment

Encouraged parish members to join Legion of Mary  
Aftercare of auxiliary members

**Events attended:** Acies Ceremony in April 2022; St. Mary's Day 8<sup>th</sup> May 2022

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*Congratulations to our dear Brother and Sisters for taking on the officership in their Curia Be Blessed !*

#### Ratification :

Sister Helena Min

1<sup>st</sup> Term President

Normanhurst Korean Curia

Sister Angela Lim

1<sup>st</sup> Term Treasurer

Normanhurst Korean Curia

Brother Peter Van Tan Nguyen

1<sup>st</sup> Term Vice President

Cabramatta Curia

#### Appointment : Nil



Please pray for the eternal repose of our dear Annette Thornton.  
She had been a truly devoted legionary for a very long time.  
We will miss Sr Annette.

***Eternal rest grant unto her O Lord, and let perpetual light  
shine upon her. May she rest in peace. Amen***





1. February Senatus Meeting will be Sunday, 26 February 2023 and March Senatus Meeting will be Sunday, 26 March 2023
2. Acies Saturday, 18 March 2023 : at Holy Spirit Parish North Ryde .
3. We need more volunteers for the CIC shop.
5. Soft copy of reports to be sent to Sr Grace a week before the Senatus Meeting . Email: grace54@hotmail.com

Please put your orders to Br Ricky Lopez ( text order to: 0409127842 or email to: Sydney Senatus or rickypez1@gmail.com) on the updated and latest version of The Legion of Mary Hand book and your stock orders too.

**Please pray for:**

1. The causes of Frank Duff, Edel Quinn, and Alfie Lambe .
2. For all the sick Legionaries, families and friends specially for
3. For all the newly ratified and appointed officers, all the sick and deceased legionaries, and all active and auxiliary members.



Born: 24 June 1932, Tullamore, Ireland

Died: 21 January 1959, Buenos Aires, Argentina

Place of burial: Cementerio de la Recoleta, Buenos Aires, Argentina

Feast: 21 January

***The Servant of God, Alphonsus Lambe, (known as Alfie) was born in Tullamore, Ireland on the feast of St. John the Baptist, Friday, 24th June 1932, during the International Eucharistic Congress in Dublin.***

***Like St. John he was a precursor – the precursor of the Legion of Mary, which Pope Paul VI described as “the greatest movement which has been established for the good of souls since the era of the great religious orders”. After spending a period of his youth in the novitiate of the Irish Christian Brothers, which he had to leave because of delicate health, he found his vocation in the Legion of Mary, and was appointed Envoy in 1953. With Seamus Grace, he left for Bogota, Columbia on the feast of Our Lady of Mount Carmel 16th July of that year.***

***For almost six years he worked ceaselessly in promoting the Legion of Mary in Columbia, Argentina, Ecuador, Uruguay and Brazil. After a short but grave illness he died in Buenos Aires on the feast of St. Agnes, 21st January 1959.***

***God had bestowed on him great natural gifts, a personality which attracted souls to the service and love of God, an infectious enthusiasm, and a facility for learning languages, which enabled him to rapidly attain fluency in Spanish and Portuguese.***

***During his years in South America he set up a great number of branches of the Legion of Mary, and trained a multitude in the apostolate of the Legion. His devotion to Mary was outstanding, and in contacts with Legionaries and others he explained and urged the practice of the True Devotion to Our Lady.***

***He is buried in the vault of the Irish Christian Brothers, in the Recoleta Cemetery, Buenos Aires.***

***Prayers for the Beatification of Servant of God Alfie Lambe***

***O God, who by your infinite mercy inflamed the heart of your servant, Alphonsus Lambe with an ardent love for you and for Mary, our Mother; a love which revealed itself in a life of intense labour, prayer and sacrifice for the salvation of souls, grant, if it be your will, that we may obtain, by his intercession, what we cannot obtain by our own***

**Misa Alfie Lambe Ceremony in East Timor  
Saturday 21/01/2023 At Manleuana Capel  
Thank you so much Pastur Paulus Maya**



**SENATUS OF SYDNEY VISITATION TO MARY MOTHER OF CHRIST PRAESIDIUM ( RYDE /GLADESVILLE)**



# ANNUAL GENERAL REUNION 2022



LEGION OF MARY SYNEY SENATUS  
ANNUAL GENERAL REUNION 2022



You are all invited - Active and  
Auxilliary member to join in celebrating  
the Annual General Reunion

**SATURDAY, 3RD DECEMBER 2022**

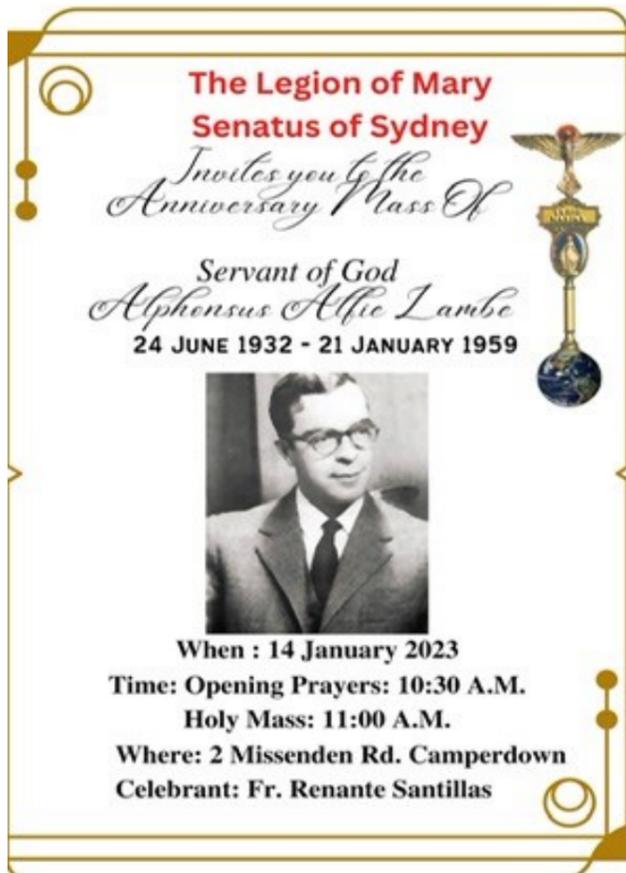
MUSIC | FOOD | ENTERTAINMENT | GAMES

BRING A FOOD PLATTER TO SHARE

Where : IMMACULATTA HOUSE, 243 BROADWAY GLEBE  
TIME: 10 am finishing with lunch

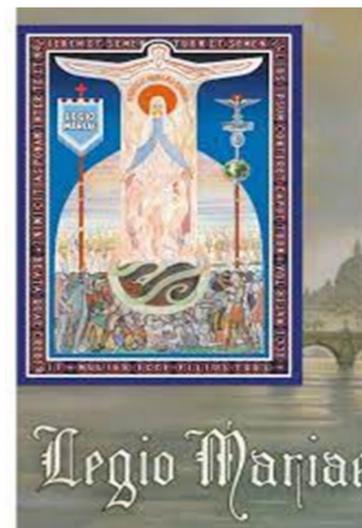


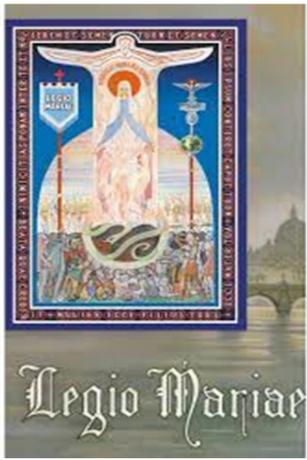
Thank you Fr Renante Sentillas for celebrating the mass for Servant of God, Alfie Lambe. Thank you too to all the Legionaries that came and make the celebration a success.



**THE LEGION OF MARY  
SENATUS OF SYDNEY  
INVITE ACTIVE LEGIONARIES TO THE CONGRESS  
ON : SATURDAY, 11 FEBRUARY 2023 AT: IMMACULATA HOUSE**

**MAIN CELEBRANT OF THE MASS : FR. RENANTE SENTILAS  
THEME : LEGION HANDBOOK REVISITED**





## BASIC DUTIES OF LEGIONARIES

1. REGULAR AND PUNCTUAL ATTENDANCE AT THE WEEKLY MEETINGS OF THE PRAESIDIUM  
(See chapter 11, *Scheme of the Legion*)
2. PERFORMANCE OF THE WEEKLY WORK OBLIGATION
3. FURNISHING AT THE MEETING A VERBAL REPORT OF WORK DONE
4. INVIOLEABLE CONFIDENCE MUST BE PRESERVED
5. EVERY MEMBER SHOULD HAVE A NOTEBOOK
6. THE DAILY RECITATION BY EACH LEGIONARY OF THE CATENA LEGIONIS (CHAIN OF THE LEGION)
7. THE RELATIONS BETWEEN MEMBERS
8. THE RELATIONS BETWEEN CO-VISITORS
9. RECRUITMENT OF NEW MEMBERS
10. STUDY OF THE HANDBOOK
11. TO BE IN A SENSE ALWAYS ON DUTY
12. THE LEGIONARY MUST PRAY AS WELL AS WORK
13. THE INTERIOR LIFE OF LEGIONARIES
14. THE LEGIONARY AND THE CHRISTIAN VOCATION





## Legion of Mary Senatus of Sydney The Acies 2023

All active and auxiliary members are called to renew their consecration to our Blessed Lady.

*'Confident that you will so receive me-and use me- and turn my weakness into strength this day,  
I take my place in the ranks of the Legion, and I venture to promise a faithful service'*

The Acies will be held at the following venues  
Further Enquiries: (02) 9660 6131

Sydney Councils	Date & Time	Venue
Senatus of Sydney	Saturday,18 March 2023 at 10:30AM	Holy Spirit Parish,191-195 Coxs Rd.North Ryde
Blacktown	Saturday,25 March 2023 at 2:00PM	Good Shepherd Parish Plumpton.136 Hyatts Rd. Plumpton.
Cabramatta	Saturday,25March 2023 At 9:30 AM	St Brendan Catholic Church, 50 Northam St.Bankstown
Campbelltown	Saturday,25 <sup>th</sup> March 2023. At 2:00PM	St John the Evangelist Catholic Church Campbelltown
Illawarra	Saturday,25 <sup>th</sup> March 2023.At 2:00PM	St Catherine's.123 Gynea Bay Rd. Gynea
Marrickville	Saturday,18 March 2023 At 9:00 AM	St Christopher Church. 235 Tower St,Panania
Normanhurst (Korean)	Sunday,26 <sup>th</sup> March 2023 At 12:30PM	Queen Of Peace Catholic Church, 18 Stuart Ave, Normanhurst NSW 2076
Northern Suburbs	Saturday,25 March 2023 At 10:00AM	Sacred Heart Church.1 Keenan St. Monavale .NSW 2103
Revesby (Vietnamese)	Saturday,25 March 2023. At 8:30AM	St Luke Church. 92 The River Rd. Revesby 2212
Silverwater (Korean)	Sunday,05 March 2023. At 12:30PM	Sydney Korean Catholic Church,26 Carnavon St. Silverwater
Bathurst	Saturday, 25 March 2023. At 8:00AM	The Assumption Church,Margareth st.Bathurst
Canberra Goulburn	Saturday,25 March 2023. At 10:30AM	St. Josephs Parish Hall,61 Boronia Dr,O'Connor ACT 2602
Brisbane	Sunday,26 March 2023. At10:30 AM	St. Patrick's Church,58 Morgan St, Fortitude Valley QLD 4006.
Murwillumbah	Sunday,26 <sup>th</sup> March 2023. At 9:00AM	St. Joseph's Church, Tweed Heads
Auburn Bankstown	Saturday,25 <sup>th</sup> March 2023. At 11:30	St. Mel's,7 Evaline St.Campsie NSW 2194



### What is this " ACIES "

The best way to describe the "ACIES" is that it is the most important Legion function of the year. During this ceremony we will consecrate ourselves to Mary by renewing our Legionary Promise, so that we may better work in union with her as we do our Legionary battle against the evils of this world. In this consecration we open our hearts to Mary, so that she may guide us and bless us through the year. It is said that one cannot be truly devoted to our Lady's legion if one does not attend this ceremony, as you will not have within you her spirit

